

**DARG 30/10/24**

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**Emotion display in hospice consultations**

The consultation is part of the Breathlessness Assessment Clinic with the purpose of exploring the patient's activities of daily living and identifying advice and equipment that may support the patient and reduce the breathlessness experienced. The consultation is between the patient, an Occupational Therapist (OT) and the patient's companion. The patient has seen a doctor at the hospice previously, but this is the first appointment with the OT. This extract occurs early (six minutes) in a fifty-nine-minute consultation. Immediately before the extract the patient has identified that she sleeps at night on the sofa downstairs; the OT suggests that she could get a bed provided for downstairs the patient says she used to have one but sent it back as she prefers the sofa.

**Content Warning** – Extract includes distress and mentions death

**KEY**

OT2: Occupational Therapist  
PT2: Physiotherapist  
Pat: Patient  
Com: Companion – Friend of Patient

**VERDISAHP\_8 8,41 VT202 EO\_AHP8.1 JS**

1 OT2: I mean (1.0) there is an option of having  
2 you:r sofa rai:sed, (0.2) erm ya know  
3 the community therapist can look-  
4 can put blocks under them (.) and make that  
5 a bit higher so it's a bit le:ss  
6 eff[ort when you're standin]g,  
7 Pat: [Yeah yeah]  
8 OT2: That's something that (.)  
9  
10 Pat: Yeah [something to think about, yeah,]  
11 OT2: [if you thought that would be helpful we could ask them  
12 to °look at for you°,  
13 (1.2)  
14 Pat: ↑I'm okay at the moment. (.)  
15 OT2: [Yeah.]  
16 Pat: [Yeah ] if it- I think if it got much har:der  
17 then yes.  
18 OT2: Yeah  
19 Pat: but at the moment I'm okay thanks=  
20 Com: =You're not very tall are you,  
21 Pat: [No no]  
22 Com: [So it's-] probably if you were taller it would be(0.9) harder,  
23 Pat: Harder yeah.  
24 OT2: Yeah  
25 (0.7)  
26 OT2: So you fe- that's working all right  
27 [for you, is it,]  
28 Pat: [Yeah, that's- ] yeah it's working fine for me.  
29 (0.5)  
30 OT2: And you obviously- you want to be (.) downstairs,  
31 Pat: Yeah.

32 OT2: [that's] where you wa-[ yeah.]  
33 Pat: [Yeah ] [I want] to be.  
34 (1.0)  
35 Pat: Really it's since ↑#I lost my husband# (1.6)  
36 ( ) #↑I don't like it up there#  
37 (2.1) #↓set me off now.#  
38 (1.6)  
39 OT2: °Aaw I'm sorry°  
40 (0.8)  
41 Pat: ↑#I like being downstairs,#  
42 (4.2)/crying/hhh hhh/((wiping eyes with tissue))  
43 #↑all my clothes are up the:re (.) still go upstairs and-  
44 in the bedroom but# (0.6)  
45 OT2: Yeah  
46 Pat: #I don't want to use the bed- got a new bed an all.#  
47 Com: Hmm, beautiful bed.  
48 OT2: Hmm.  
49 Com: Hmm  
50 OT2: It's clear:ly still very painful.  
51 Pat: #Hmm#  
52 (0.8)  
53 Pat: #Yeah#  
54 (2.4)/hhh .hh hhh/((patient wiping eyes))  
55 OT2: ya know if you- (0.7) if you can slee:p (.)  
56 and you're comfortable down there (.) and that's what  
57 feels right for you then (0.8) who are we  
58 [to tell you] you know,  
59 Pat: [Yeah yeah]  
60 (0.5)  
61 Pat: Yeah I'm okay I'm fine.  
62 (1.0)  
63 Pat: I mean, I turn the telly off and I can be gone to  
64 sleep in five minutes of £telly going off£  
65 Com: Hehehehe